

UNIVERSITY OF NAIROBI

FACULTY OF HEALTH SCIENCES DEPARTMENT OF PSYCHIATRY ANNUAL REPORT 2023

1. A LETTER FROM THE CHAIRMAN

The Department of psychiatry is one of the departments at the Faculty of Health Sciences. It was established in 1971 soon after the start of the medical college in 1967. The department is situated at the Faculty of Health Sciences, Kenyatta National Hospital (KNH). For teaching purposes, the department also uses Mathari Teaching and Referral Hospital, which is situated about 10 kilometres away from KNH a long Thika super Highway. At KNH together with staff from KNH we run outpatient clinics for both adults and children. We also work closely with Mathari hospital to train our students, both postgraduates and undergraduates.

In the year 2023, the Department is graduating twenty-six (26) students: 17 with master of medicine degree in Psychiatry; 8 with Master of Science degree in clinical psychology; and, 1 Postgraduate student in Clinical Psychiatry student. The department currently has 11 academic staff members and 5 administrative staff. It is the collaborative teamwork of every member of staff that has enabled the department to achieve her objectives. The department has three major projects investigators and supported project staff, partners and collaborators.

2. COURSES AND PROGRAM OFFERED

1. MBChB Level I Behavioural Sciences
2. MBChB Level IV Psychiatry lectures
3. MBChB Level VI Psychiatry lectures
4. Master of Medicine degree in psychiatry (MMed Psych)
5. Master of Science in clinical psychology (MSc Clinical Psychology)
6. Post graduate Diploma in Psychiatry Social Work
7. Doctor of Philosophy in Medicine in Psychiatry
8. Doctor of Philosophy in Clinical Psychology
9. Doctor of Medicine in Psychiatry

We also service other departments in teaching of undergraduate and postgraduate students, like the Department of Pharmacy (undergraduate year 2), Department of Medicine and Paediatrics (Postgraduates).

3. ENROLLED STUDENTS - 171

- M.Med Psychiatry – 88
- MSc. Clinical Psychology – 76

- PGD Psychiatric Social Work – 2
- PHD - 5

4. STRATEGIC ISSUES

- *Graduating 26 students: 17 Mmed Psychiatry, 8 Msc Clinical Psychology, and 1 PGD student.*
- A total of ten conferences attended and full dissemination was realized
- There was good collaboration and linkages with peer institutions and industry locally and internationally.
- There were a few challenges with the automation of course evaluation tool, the lecturer's portal and the mtihani portal but eventually the purpose was realized.
- There were a few teething problems with the e-class, but the end goal was realized and the purpose achieved.
- There was admission of students to our core programs and the classes are on.
- The department attracted a recognizable number of international students.

5. MAJOR ACHIEVEMENTS IN THE YEAR 2023

- Online teaching, learning and examinations all successfully conducted on e-platform.
- Successful Online interviews, Admissions and Registration of students
- Twenty-five (26) postgraduate students cleared for 70th graduation ceremony.
- Five webinar presentations on post COVID-19 pandemic coping patterns
- The Revised draft MOU between UoN and Mathari Mental Referral Hospital was agreed on by both the stakeholders and thereby signed by the two parties.
- The department was committed to conducting outreach programmes with people in the community particularly vulnerable individuals - women and the youth.

6. STAFF PORTFOLIO

| SN. | NAME | QUALIFICATION | POSITION |
|-----|---------------------------|---|--------------------------------|
| 1 | Prof. Anne A. Obondo | B.A (Hons) Sociology (Delhi), MSW (Bombay), PGD Psychiatric Social Work (UK), PhD (UoN) | Associate Professor (Chairman) |
| 2 | Prof. David M. Ndetei | Mbchb Nbi., MD and Dpm, (London), Frc Pych (Uk), DSc. (UoN), Cert In Psychotherap | Professor |
| 3 | Prof. Mary Wangari Kuria | Mbchb, M.Med, Phd, (UoN) | Professor |
| 4 | Prof. Anne Muthoni Mathai | Mbchb, M.Med (UoN), PhD. Social Work (Kassel) | Associate Professor |
| 5 | Dr. John M. Mburu | Mbchb, M,Med (UoN) | Senior Lecturer |

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| 6 | Dr. Pius A. Kigamwa | Mbchb, M,Med (UoN) | Senior Lecturer |
| 7 | Dr. Rachel N. Kang'ethe | Mbchb, M,Med (UoN) | Senior Lecturer |
| 8 | Dr. Anne Mbwayo | B.A.Counseling Psychology, (UON), MSc. Clinical Psychology (UON), PhD Clinical Psychology (UON) | Senior Lecturer |
| 9 | Ms. Teresa Mutavi | B.A Social Work (Catholic University), MA Sociology (UON), PhD in Psychiatric Social (UON) | Senior Lecturer |
| 10 | Ms. Roseline Okoth | B.A Counseling Psychology MSC, Clinical Psychology (Nbi), PhD Student | Tutorial Fellow |
| 11 | Dr. Caroline Kathira Mrukunga | B.A-Counselling Psychology (UoN), MA-Counseling Psychology(KU), PhD-Clinical Psychology | Lecturer |
| 12 | Ms. Florence Flevy Adhiambo | Full Secretarial course, Diploma in Business Administration | Secretary |
| 13 | Zipporah Osukulu | Full Secretarial course | Secretary |
| 14 | Mumo Mueke | B.A; M.A Project Planning (UoN) | Snr. Admin |
| 15 | Benson O.Oremo | B.SC. Leadership & Management (ILU); Msc. Development Studies, (JKUAT) | Records Clerk |
| 16 | Nickson Mwachofi | | Messenger |
| 17 | Caroline Kalekye | Full secretarial course | Secretary Grade A |

7. PROJECTIONS

- Focus on realizing of succession planning in the Department of Psychiatry
- Prioritize and align more programmes, projects and activities to the realization of the “Big Four” agenda and the SDGs through mounting research projects focusing on post COVID – 19 coping mechanisms in collaboration with partners and stakeholders.
- Alignment of the various programmes with CUE guidelines and standards

8. ANY OTHER PERTINENT INFORMATION/ISSUES IN THE YEAR 2023

- The Department of Psychiatry has had high attrition of members of staff either through death, retirement, and resignation for more lucrative opportunities. There has been no replacement even with several requests from the Department. This has resulted in heavy workload which has a negative impact on member's work output.
- There is no succession plan for this Department. The Department is grossly understaffed, and almost half of the academic members are above 65 years of age and will be retiring almost at the same time. The Department urgently needs to embark on massive recruitment of academic staff.

9. INTERNATIONAL STUDENTS COMPONENT

We have twenty - six (26) international students

LIST OF INTERNATIONAL STUDENTS 2023/2024

| S/N | NANE | REG. NO. | EMAIL ADDRESS | COUNTRY | FACULTY | DEPARTME NT | PROGRAM ME | YEAR/L LEVEL OF STUDY |
|-----|-------------------------------|--------------------|--|----------|--------------------|----------------|-----------------------------|-----------------------------|
| 1. | Grace L. Obalim | H56/822 99/2015 | obalim86@gmail.com | Uganda | Health Sciences | Psychiatry | Msc. Clinical Psychology | Year 2 |
| 2. | Dr. Ketshephile Pelaelo | H58/110 06/2018 | ketshephilepelaelo@yahoo.com kketspelaelo745@gmail.com | Botswana | Health Sciences | Psychiatry | M.Med Psychiatry | Year 2 |
| 3. | Adoko Mahousi | H58/323 35/2019 | mahoussiadok@students.uonbi.ac.ke | Benin | Health Sciences | Psychiatry | M.Med Psychiatry | Year 3 |
| 4. | Kahinde Janet Fareye | H56/340 07/2019 | kehindefakeye@students.uonbi.ac.ke | Nigeria | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 2 |
| 5. | Malebogo Thuli Legwada | H56/348 82/2019 | bogothuli@students.uonbi.ac.ke | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 2 |
| 6. | Rebecca Nkalanga | H56/404 40/2021 | Rebecca111@students.uonbi.ac.ke | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 2 Part 2 |
| 7. | Onalenna Antonia | H56/389 80/2020 | oakalantle@students.uonbi.ac.ke | Botswana | Health | Psychiatry | MSc. Clinical | Year 2 |

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|-----|------------------------------|--------------------|--|----------|-----------------|------------|--------------------------|----------------------|
| | Kalantle | | e | | Sciences | | Psychology | |
| 8. | Imran Versi | H58/408 24/2021 | ihversi@student.s.uonbi.ac.ke | Somalia | Health Sciences | Psychiatry | M.Med Psychiatry | Year 2 |
| 9. | Mariama Abdullahi | H58/414 12/2021 | Maria2021@students.uonbi.ac.ke abdim2954@gmail.com | Somalia | Health Sciences | Psychiatry | M.Med Psychiatry | Year 2 |
| 10. | Juliet Jeneesha | H58/403 79/2021 | jeneeshajuliet@students.uonbi.ac.ke | Indian | Health Sciences | Psychiatry | M.Med Psychiatry | Year 2 |
| 11. | Sumeiya Ahmad | H58/407 42/2021 | sumeiyaaahmad@students.uonbi.ac.ke | Somalia | Health Sciences | Psychiatry | M.Med Psychiatry | Year 2 |
| 12. | Abdulkarim Botan | H58/414 11/2021 | dr.bootaan@gmail.com | Somalia | Health Sciences | Psychiatry | M.Med Psychiatry | Year 2 |
| 13. | Keitumetse Keimetswe Mosikwa | H56/428 04/2022 | h56428042022@students.uonbi.ac.ke | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 |
| 14. | Sandra Sefhako | H56/430 58/2022 | ssefhako@students.uonbi.ac.ke sef.sandie@hotmail.com | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 |
| 15. | Ainemukama Mackline | H56/430 57/2022 | albamavkline@students.uonbi.ac.ke ainemukamamackline@gmail.com | Uganda | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 3 |
| 16. | Natasha Dipura | H56/426 50/2022 | natashadipura@students.uonbi.ac.ke natasha699@gmail.com | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 3 |

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| | | | mail.com | | | | | | |
| 17. | Marea Mosotho | H56/43155/2022 | Mosothomarea1@gmail.com | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 3 | |
| 18. | Pearl Mathodi | H56/43206/2022 | matlodipearl@students.uonbi.ac.ke | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 3 | |
| 19. | Omphemets e Khono | H56/42785/2022 | H56427852022@students.uonbi.ac.ke | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 3 | |
| 20. | Julitah Koloane | H56/42777/2022 | julitahkoloane@yahoo.com | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 3 | |
| 21. | Una Zomba | HPS61/44911/2023 | uzomba@students.uonbi.ac.ke | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 1 | |
| 22. | Tshephiso Theodora Khame | H56/44227/2023 | khamett@students.uonbi.ac.ke | Botswana | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 1 | |
| 23. | Nasrath Fadhili | HPS62/44470/2023 | fadhilinasrath@gmail.com fadhilinas98@students.uonbi.ac.ke | Tanzania | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 1 | |
| 24. | Aloyce George Milyomi | HPS61/44471/2023 | a.milyomi@students.uonbi.ac.ke | Tanzania | Health Sciences | Psychiatry | MSc. Clinical Psychology | Year 1 Semester 1 | |
| 25. | Habsita Mahamat Abakar | HPS62/44053/2023 | hapsitamahamat@yahoo.fr | Republic of Chad | Health Sciences | Psychiatry | M.Med Psychiatry | Year 1 Semester 1 | |
| 26. | Hamda Abdi Hashi Fareh | HPS62/44221/20 | Diinahashi169@ | Somalia | Health | Psychiatry | M.Med | Year 1 | |

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| | | 23 | gmail.com | | Sciences | | Psychiatry | Semester 1 |
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PROF. ANNE OBONDO
CHAIRMAN, DEPARTMENT OF PSYCHIATRY

10. NUMBER OF THOSE GRADUATED PER PROGRAMME

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|-----------------------------|---|----|
| 1. M.Med Psychiatry | - | 17 |
| 2. MSc. Clinical Psychology | - | 8 |
| 3. PGD | - | 1 |

12. RESEARCH ACTIVITIES UNDERTAKEN

| TITLE | DURATION | DONOR | ACTIVITIES | PI |
|--------------|--|---------------------|--|--------------------|
| SMART AFRICA | 2015 – 2019 Extension to May 2021 2023 | New York University | <p>Main activity of this project is working with parents and their children to improve on respectful communication. This is to be done through:</p> <ul style="list-style-type: none"> i. Adaptation of the American manual 4Rs and 2 Ss- almost done. This has been through engagement of stakeholders ii. Selecting of the three schools to be involved in the pilot study and to randomly assign them to either peer parents training, community health workers training or giving educational materials – almost done. iii. Training of Trainers – was done in December 2018 iv. Selecting peer parents and CHW- was done in January 2019 v. Training the parent and CHW trainers- was done in January 2019 vi. Started the intervention in Feb 2019 | Dr. Anne W. Mbwayo |

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| ASPIRE | 2018 - 2023 | US Fogarty International Center & NIMH | The major activity of the project is focusing on mental health needs of pregnant adolescents. Since the award of the grant in September 2018, PI has submitted her protocol to IRB and carried out two stakeholder meetings. She has made plans for research training activities for the remainder of the year. | Dr. Manasi Kumar |
| DAPPER | 2018 - 2023 | NIMH | The purpose of the project is to conduct effectiveness implementation hybrid randomized clinical trial of psychotherapy versus pharmacotherapy delivered by non-specialist in Kisumu County. Ongoing project | Prof. Muthoni Mathai |

13. INTERNATIONAL LINKS AND COLLABORATION

- i. MOU signed between University of Nairobi and Walden University for collaborated fieldwork supervision of Walden University student attached to the Department of Psychiatry.
- ii. Program agreement for visiting residents between Psychiatry residency (Broadways Education Foundation, IOWA) and the University of Nairobi.
- iii. Collaboration Agreement Between the University of Nairobi Nairobi, Kenya and De Paul Institute of Science and Technology, Kerala India
- iii. Partnership Agreement between Psychosocial Center International Federation of Red Cross and Red Crescent Societies Psychosocial Centre and University of Nairobi.

14. SCIENTIFIC PUBLICATIONS PRODUCED

| S/ N | AUTHOR* | TITLE | JOURNAL | PERIOD** |
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| O. | | | | |
|----|---|--|---|----------------|
| 1 | Casey, R., Wiener, J. C., Krupa, T., Saght, R., Le Ber, M. J., Ruhara, R., Njiru, E., Pervez, R., Kidd, S., Mutiso, V., Ndetei, D. M., & MacDougall, A. | Evaluating the feasibility and potential impacts of a recovery-oriented psychosocial rehabilitation toolkit in a health care setting in Kenya: A mixed-methods study. | Psychiatric Rehabilitation Journal, 46(1), 55–64. https://doi.org/10.1037/prj0000545 | 2023 |
| 2 | Gladys Maestre, Maria Carrillo, Raj Kalaria, David Ndetei et al ., | The Nairobi Declaration—Reducing the burden of dementia in low- and middle-income countries (LMICs): Declaration of the 2022 Symposium on Dementia and Brain Aging in LMICs. 2023;1–4. | Alzheimer's & dementia: the journal of the Alzheimer's Association DOI: 10.1002/alz.13025 | 2023 |
| 3 | David M. Ndetei, Victoria Mutiso, Tom Osborn. | Moving away from the scarcity fallacy: three strategies to reduce the mental health treatment gap in LMICs. | World Psychiatry 22:163-164. https://onlinelibrary.wiley.com/doi/10.1002/wps.21054 | 2023 |
| 4 | Mutiso, V.N., Ndetei, D.M., Muia, N. et al. | Students stress patterns in a Kenyan socio-cultural and economic context: toward a public health intervention. | Sci Rep 13, 580 https://doi.org/10.1038/s41598-023-27608-1 | 2023 |
| 5 | Shanley, J.R., Musyimi, C., Armstrong, L., Mutiso, V., Hunsinger, J., & Ndetei, D. | Supporting parents to care for their young children: Feasibility evaluation of a newly adapted parenting program for delivery in Kenya. | Int J Child Health Hum Dev 15(1):53-62 | 2022 |
| 6 | Widmann M, Apondi B, Musau A, Mwangi AH, Isse M, Mutiso V, Ndetei D, Schmalzer C, Schalinski I, Ndetei D, Ndetei M. | Reducing Khat use among Somalis living in Kenya: a controlled pilot study on the modified ASSIST-linked brief intervention delivered in the community. | BMC Public Health (1):1-3. https://doi.org/10.1186/s12889-022-14681-w . | 2022 Dec;22 |
| 7 | Mutiso, Victoria; Musyimi, Christine; Gitonga, Isaiah; Tele, Robert; Ndetei, David. | Depression and Intimate Partner Violence (IPV) in Mothers 6 weeks to 12 months post-delivery in a Rural Setting in Kenya. | Transcultural Psychiatry | 2022 |

14. CONFERENCES -

| S. NO | NAME OF LECTURER | TOPICS / FUNCTION | VENUE/PLACE | PERIOD/DATE |
|-------|------------------|---|-------------------------|---|
| 1. | David Ndetei | Africa Health Research Institute (HRI) Review Committee | Durban, South Africa) | 16 th January to 20 th January 2023 |
| 2. | David Ndetei | Bridging the Mental Health Gap using the Already Available Resources: | World Social Psychiatry | January, 2023 |

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| | | The Kenyan Experience | | |
| 3 | Prof. Anne Obondo | Psychiatry & EDI | In person | June 2023 |
| 4 | Prof. Anne Obondo | 2023 Tulane Forensic Psychiatry conference | In person and virtual | April, 23, 2023 |

**15. PROPOSED DISSERTATION TOPICS: MMED PSYCHIATRY AND MSC CLINICAL PSYCHOLOGY
2022/2023**

| | Name and Registration | Topic | Supervisor 1 | Supervisor 2 |
|---|-------------------------------------|---|---------------------|---------------------|
| 1 | Salah Alia Hassan H56/37432/2020 | THE PREVALENCE OF SOCIAL ANXIETY AMONG SOMALI URBAN REFUGEE CHILDREN AND ADOLESCENTS LIVING IN EASTLEIGH, NAIROBI. | A Mbwayo | M. Mathai |
| 2 | Lilian Gikandi | COVID 19 PANDEMIC AND SUICIDALITY AMONG THE YOUTH: A RETROSPECTIVE STUDY OF HOSPITAL AND POLICE REPORTS IN NAIROBI COUNTY | J. MBURU | R. Okoth |
| 3 | Mercy Cheptoo Kipkemboi | PSYCHIATRIC MORBIDITY AMONG YOUTH PATIENTS AT NAKURU PROVINCIAL GENERAL HOSPITAL | T. Mutavi | J. Mburu |
| 4 | Brian Kenneth Kori | THE PREVALENCE OF DEPRESSION AND ALCOHOL USE DISORDER AMONG THE YOUTH IN VOCATIONAL TRAINING COLLEGES IN RUIRU AREA | J. MBURU | A. Obondo |
| 5 | Faith Jebichii Kemboi | THE RELATIONSHIP BETWEEN ADVERSE CHILDHOOD EXPERIENCES AND TEENAGE PREGNANCY IN KIAMBU COUNTY | A. Obondo | A. Mbwayo |
| 6 | Victoria Hakika | FACTORS ASSOCIATED WITH CHOICE | T. Mutavi | R. Kangethe |

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| | H56/31116/2018 | OF MENTAL HEALTH NURSING AS A CAREER PATH AMONG 4TH YEAR STUDENT NURSES AT THE UNIVERSITY OF NAIROBI. | | |
| 7 | Pauline Muthoni Njeru- H56/37504/2020 | THE PREVALENCE OF STRESS DISORDERS AMONG CAREGIVERS OF PEOPLE WITH A MENTAL HEALTH DISORDER: A CASE STUDY OF THE MATHARE MENTAL HOSPITAL NAIROBI. | A. Mbwayo | A. Obondo |
| 8 | Nelly Waithera Ngugi | LOSS, GRIEF AND CULTURAL BELIEFS: AN EXPLORATION OF COPING STRATEGIES IN KENYA | M. Mathai | R. Okoth |
| 9 | Susan Mua | PREVALENCE AND PATTERNS OF PSYCHIATRIC MORBIDITY IN ADULT PATIENTS ATTENDING GENERAL OUTPATIENT CLINICS AT KILIFI COUNTY REFERRAL HOSPITAL. | J. MBURU | T. Mutavi |
| 10 | Esther Ndanu Mboko | PREVALENCE OF POST TRAUMATIC STRESS DISORDER IN CORONA VIRUS DISEASE OF 2019 (COVID- 19) SURVIVORS DISCHARGED FROM THE COVID-19 NATIONAL ISOLATION CENTRE AT THE KENYATTA NATIONAL HOSPITAL (KNH). | M. Mathai | J. MBURU |
| 11 | Ajeel Vaja | PREVALENCE OF DEPRESSION, ANXIETY AND THEIR ASSOCIATED FACTORS AMONG PATIENTS WHO HAVE RECOVERED FROM COVID-19 INFECTION 6 MONTHS POST DIAGNOSIS AT AVENUE HOSPITAL NAIROBI. | M. Mathai | A. Mbwayo |
| 12 | Rispah Wangechi Warui | THE PREVALENCE OF DEPRESSION AMONG PATIENTS ATTENDING THE DERMATOLOGY CLINIC AT KNH | P. Kigamwa | R. Kangethe |
| 13 | Awadh Ahlaam Mohamed | THE PREVALENCE OF DEPRESSION AND ANXIETY AMONG HEALTHCARE WORKERS AT COAST PROVINCIAL GENERAL HOSPITAL IN MOMBASA | T. Mutavi | A. Mbwayo |

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| 14 | Leon Ogoti Gakuo | PATTERNS OF ADVERSE CHILDHOOD EVENTS AMONGST PATIENTS ATTENDING THE METHADONE ASSISTED TREATMENT CLINIC AT MATHARI NATIONAL TEACHING AND REFERRAL HOSPITAL. | A. Obondo | M. Mathai |
| 15 | Adalla Denis | THE PREVALENCE AND PATTERN OF PSYCHIATRIC DISORDERS CO-MORBID WITH ALCOHOL USE DISORDERS AMONG PATIENTS ATTENDING THE CENTER FOR SUBSTANCE ABUSE TREATMENT (CSAT) AT THE MATHARI NATIONAL TEACHING AND REFERRAL HOSPITAL | M.W. Kuria | R. Okoth |
| 16 | Franz Owano | PREVELANCE OF ANXIETY AMONG PATIENTS ON FOLLOW UP AT THE CARDIOLOGY CLINIC IN KENYATTA NATIONAL HOSPITAL | J. MBURU | P. Kigamwa |
| 17 | Phidel Dennis Oyombe | KNOWLEDGE, ATTITUDE AND PRACTICES PARTAINING TO DEPRESSION AMONG HEALTH CARE WORKERS IN BOMET COUNTY - KENYA | R. Kangthe | A. Obondo |
| 18 | Edwin Nganga | THE PREVALENCE OF ANXIETY AMONG PARENTS OF CHILDREN WITH CONGENITAL ANOMALIES ATTENDING KENYATTA NATIONAL HOSPITAL PAEDIATRIC SURGICAL CLINIC | R. Kangethe | Judy Kamau |
| 19 | Fardosa Hassan Abdullahi | THE PREVALENCE OF SUBSTANCE USE IN FIRST-EPIISODE PSYCHOSIS PATIENTS ATTENDING OUTPATIENT CLINIC AT THE MATHARI NATIONAL TEACHING AND REFERRAL HOSPITAL | J. MBURU | M. W. Kuria |
| 20 | Yakub Umar | THE PREVALENCE OF SUBSTANCE USE | M. W. Kuria | T. Mutavi |

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| | | AMONG PSYCHIATRY PATIENT IN KAJIADO COUNTY REFFERAL HOSPITAL | | |
| 21 | Maricianah Onono | MATERNAL MENTAL HEALTH, AND INFANT BONDING AMONG PREGNANT AND PARENTING ADOLESCENTS: A COMPARATIVE CROSS-SECTIONAL STUDY | A. Obondo | T. Mutavi |
| 22 | Dr. Litha Musili | THE PREVALENCE AND RISK FACTORS OF DEPRESSION AND SUBSTANCE USE DISORDERS AMONG MEDICAL INTERNS IN KENYA | M.W. Kuria | P. Kigamwa |
| 23 | Dr Nafisa Ahmed | PREVALENCE OF CO-OCCURRING MENTAL DISORDERS AMONG YOUNG ADULTS BETWEEN AGE 18 TO 35 YEARS ATTENDING METHADONE ASSISTED CLINIC IN KISAUNI SUB COUNTY (Frere town and shimo la Tewa). | J. MBURU | M. Kuria |
| 24 | Anne Kagiah | PREVALENCE AND RISK FACTORS FOR HIV VIRAL SUPPRESSION AMONG PEOPLE LIVING WITH HIV DIAGNOSED WITH DEPRESSION | M. Mathai | A. Mbwayo |
| 25 | Obino Lilian Nyabonyi | PSYCHIATRIC COMORBIDITIES AMONG ADOLESCENTS WITH EPILEPSY ATTENDING THE NEUROLOGY CLINIC AT KNH. | P. Kigamwa | Judy Kamau |
| 26 | Angela Amondi Otedo | PREVALENCE OF DELIRIUM IN TRAUMATIC BRAIN INJURY PATIENTS AT THE KENYATTA NATIONAL HOSPITAL | R. Okoth | P. Kigamwa |
| 27 | John Njuguna | THE PREVALENCE OF ALCOHOL AND SUBSTANCE ABUSE AMONG PATIENTS ATTENDING THE PSYCHIATRIC CLINIC AT KERUGOYA COUNTY AND REFERRAL HOSPITAL | P. Kigamwa | M. W. Kuria |
| 28 | Catherine Nyambwene | THE BURDEN OF CAREGIVERS OF CHILDREN WITH | R. Kangethe | R. Okoth |

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| | | NEURODEVELOPMENTAL DISORDERS AT THE CHILD PSYCHIATRY CLINIC MATHARI TEACHING AND REFERRAL HOSPITAL | | |
| 29 | Steven Onyango | THE PREVALENCE OF ALCOHOL USE DISORDERS AMONG PATIENTS DIAGNOSED WITH BIPOLAR MOOD DISORDER IN MENTAL HEALTH HOSPITALS IN NAIROBI. | P. Kigamwa | M. Mathai |
| 30 | NELLY MWAMBA H58/35820/2019 | THE NEEDS ASSESSMENT AND GAPS IN CARE OF CHILDREN DIAGNOSED WITH AUTISM SPECTRUM DISORDER ATTENDING CHILD PSYCHIATRY CLINIC AT KENYATTA NATIONAL HOSPITAL. | J. MBURU | M. Mathai |
| 31 | JULIET JENEESHA | THE PREVALENCE OF PSYCHIATRIC CO-MORBIDITIES AND QUALITY OF LIFE AMONG COUPLES ATTENDING INFERTILITY CLINIC AT KENYATTA NATIONAL HOSPITAL | R. Kangethe | T. Mutavi |
| 32 | Samuel Kamoche Njambi H58/40798/2021 | ELECTROCONVULSIVE THERAPY: CURRENT PRACTICE AND OUTCOMES AT THE MATHARI NATIONAL TEACHING AND REFERRAL HOSPITAL | P. Kigamwa | R. Kangethe |

16. M. Med Psychiatry and MSc Clinical Psychology Topics for Dissertation APRIL 2023

| | Name and Registration | Topic | 1 st Supervisor | 2 nd Supervisors | 3 rd Supervisor (From ...) |
|--------------------------|--------------------------------------|---|----------------------------|-----------------------------|--|
| M. Med Psychiatry | | | | | |
| 1. | Wilma Muthoni Mbae H58/40557/2021 | The Prevalence of Adverse Childhood Experiences among Patients with Depression and Substance Use Disorder at Mathari National | Anne Mbwayo | Teresia Mutavi | |

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| | | Teaching and Referral Hospital | | | |
| 2. | Brenda Ombane | The Prevalence of Depression ,Burnout and P.T.S.D among Humanitarian Aid Workers at Kakuma Refugee Camp | Teresia Mutavi | John Mburu | |
| 3. | Dorlynn Sarah Omondi | The Prevalence of Depression among Out Patients with Non-Communicable Diseases (Hypertension and Diabetes) at level 4 hospitals in Kiambu county. | Pius Kigamwa | Roselyne Okoth | |
| 4. | Kimani Eunice H58/40554/2021 | The Quality of Care and Patient Satisfaction during admission at the Mathari Teaching and Referral Hospital | Anne Obondo | John Mburu | |
| 5. | Ruth Lucinde H58/40555/2021 | Pattern and treatment outcomes of first-episode psychosis in patients presenting to Mathari National Teaching and Referral Hospital, Kenya | Muthoni Mathai | Anne Mbwayo | |
| 6. | Susan Nyambura Muchunu | Peripartum depression in a rural agricultural community: A case study of Level 4 Health facilities in Nyandarua county, Kenya | Pius Kigamwa | Anne Obondo | |
| 7. | Raufa Yunus H58/40574/2021 | Intimate Partner Violence and its association with common Mental disorders at Coast General Teaching and Referral Hospital, Mombasa, | Anne Mbwayo | Teresia Mutavi | |

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|-----|---------------------------------------|--|----------------|------------------|--|
| | | Kenya | | | |
| 8. | Lesanjo Mutia | The Prevalence and pattern of Polypharmacy and risks of Drug-Drug interaction on Admission at MTRH | Muthoni Mathai | Roselyne Okoth | |
| 9. | Sumeiya Ahmad H58/40742/2021 | Exploring Grief and pre-partum depression and anxiety in pregnant women with a previous history of a miscarriage at KNH: A mixed methods study | Pius Kigamwa | Muthoni Mathai | |
| 10. | Muthoni Karanja | Knowledge, Attitudes and Practices on Smoking Cessation Interventions among Medical Doctors in Kenya | Anne Obondo | Muthoni Mathai | |
| 11. | Chibanzi H Mwachoda H58/40748/2021 | The Association of Problematic Social Media use to depression, anxiety and academic performance in Kenyan adolescents. | Roselyne Okoth | Pius Kigamwa | |
| 12. | Sophia Atieno Opiyo H58/38060/2020 | Prevalence and factors associated with concomitant use of Herbal medicines and supplements among psychiatry patients attending the Mathari Teaching and Referral Hospital outpatient clinic. | John Mburu | Caroline Rukunga | |
| 13. | Joy Wavinya Mbithi H58/40633/2021 | Prevalence of Depression and Anxiety in Patients with Peptic Ulcer Disease at the Gastroenterology Clinic in Kenyatta National Teaching and Referral Hospital. | Pius Kigamwa | Caroline Rukunga | |
| 14. | Esther Mboko. H58/37489/2020. | The prevalence of Post-Traumatic Stress Disorder in survivors discharged from The COVID-19 | John Mburu | Anne Obondo | |

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|--------------------------------|---|--|------------------|-----------------|--|
| | | National Isolation Centre at the Kenyatta National Hospital (KNH). | | | |
| 15. | Weremba Masiga | Prevalence of sleep disorders and quality of sleep in advanced cancer patients at Kenyatta National Hospital | Teresia Mutavi | Rachel Kangethe | |
| 16. | Atati Victor Ayienda H58/37493/2020 | Prevalence of Anxiety and Depression among Healthcare Workers in Kitui County Referral Hospital | Caroline Rukunga | Rachel Kangethe | |
| 17. | Kevin Kugwa | PREVALENCE AND RISK FACTORS ASSOCIATED WITH PTSD AMONG REFUGEE PATIENTS ATTENDING MATHARE HOSPITAL | Teresia Mutavi | Wangari Kuria | |
| MSc Clinical Psychology | | | | | |
| | Name | Topic | Comments | | |
| 18 | Herbert Elvis Ainamani H56/4152/12021 | Post-Traumatic Stress Disorder and Psychiatric comorbidities among Refugee Children and Adolescents at Nakivale Refugee Settlement, South Western Uganda | Anne Mbwayo | Muthoni Mathai | |
| 19. | Grace Njue H56/41025/2021 | Substance Use Disorders among Healthcare Practitioners in Level 4 Hospitals in Machakos County, Kenya | Wangari Kuria | Rachel Kangethe | |
| 20. | Onalenna Antonia Kalantle | The Prevalence of Intimate Partner Violence and its association with Adult Attachment Styles and | Muthoni Mathai | Caroline | |

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|-----|--|--|------------------|------------------|--|
| | H56/38980/2020 | Sociodemographic Factors Among Students at the University of Nairobi | | Rukunga | |
| 21. | Emily Wambui Kanyi H56/40788/2021 | The Quality of Life of children on follow-up at the Paediatric Oncology clinic at Kenyatta Hospital and the prevalence of Common Mental Disorders Among the Caregivers | Anne Obondo | Roselyne Okoth | |
| 22. | Catherine Mugure Murethi H56/40657/2021 | Prevalence of Depression and Associated Factors Among Outpatient with End Stage Renal Disease at a rural teaching and referral hospital in Nyeri County. | John Mburu | Pius Kigamwa | |
| | | | | | |
| 23. | Robert Hinga | Knowledge, Attitude and behaviour towards persons with Intellectual Disabilities in Nairobi: A Cross-Sectional Study | Caroline Rukunga | Rachel Kangethe | |
| 24. | Jackiline Araya H56/8148/2017 | Prevalence of depression and Anxiety among Clients at the Methadone Clinic: A case study of Mathari Teaching and Referral Hospital | Rachel Kangethe | Muthoni Mathai | |
| 25. | Rachel Waruingi H56/12486/2018 | Prevalence and factors associated with depression and anxiety among patients with Tuberculosis in Nairobi Kenya | Pius Kigamwa | Caroline Rukunga | |

17. CONSULTANCIES BY STAFF MEMBERS/UNIT

1. Dr. Pius Kigamwa - Offers psychiatric services at University Health Services
2. All members of staff offer services both at Kenyatta National Hospital and Mathari Teaching and Referral Hospital

18. STAFF ESTABLISHMENT

| | | |
|-----------------------------------|---|---|
| • Professor | - | 2 |
| • Associate Professor | - | 2 |
| • Senior Lecturer | - | 5 |
| • Lecturer | - | 1 |
| • Tutorial Fellow | - | 1 |
| • Senior/Assistant Registrar | - | 0 |
| • Senior/Administrative Assistant | - | 1 |
| • Senior Technologist | - | 0 |
| • Secretary | - | 2 |
| • Record Clerk | - | 1 |
| • Messenger | - | 1 |

19. NUMBER OF GRADUATES

| | | |
|----------------------------|---|----|
| • PhD | - | 1 |
| • M.Med Psychiatry | - | 21 |
| • MSc. Clinical Psychology | - | 7 |

20. GRANTS 2022 - 2023

| S. NO | NAME OF LECTURER | PROJET TITLE | FUNDING ORGAIZATION | PERIOD/DATE | GRANT AMOUNT |
|--------------|--|--|---------------------------------------|--------------------|---------------------|
| 1 | Dr. Manasi Kumar | Implementing mental health interventions in pregnant adolescents in primary care LMIC contexts. K43 Emerging global leader | The National Institute of Health/NIMH | 2018-2023 | |
| 2 | Mathai, Meffert, Onger, Bukusi, Mbwayo | DAPPER | NIH | 2018 to 2023 | |
| 3. | Meffert, Mathai, Onger, Bukusi, Akena | SMART | NIH | 2018 - 2023 | 7,056,840 |
| 4 | Mathai, Mbwayo | Health Rights Kenya - | COMIC Relief | 2021-2022 | |
| 5 | Wamalwa, Nduati, Mathai, Kinuthia, | HEPI | NIH | 2018 to 2023 | |

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|---|---|---|--|--|------------|--|
| | Gachuno | | | | | |
| 6 | McKay, Ssewamalwa, Yen, Mbwayo, Mathai, Ozge | ACHIEVE | NIMH | 2022 to 2026 | | |
| 7 | Daniel Mamah; David Ndetei | Clinical and Biomarker-Based Trajectories of Psychosis-Risks Populations in Kenya | National Institutes of Health (NIH) | August 2021 – June 2026 | | |
| | Tom L. Osborn; Davi Ndetei | Long-term health outcomes and dissemination strategies for adolescent character strength interventions | Templeton World Charity Foundation | October 1, 2021 – September 30, 2024 | | |
| 8 | Doris Somer; David Ndetei | Adolescent Depression and Anxiety in Kibera: Arts Literacy as Intervention | Mind Brain Behavior Interfaculty Initiative, Harvard University | July 2021-June 2022 | USD 50,000 | |